



Medicare Access for Patients Rx™  
Convened by Lupus Foundation of America



## 2019 MEDICARE PRESCRIPTION DRUG ANNUAL OPEN ENROLLMENT

The Annual Open Enrollment for Medicare prescription drug coverage (Part D) is October 15, 2018 – December 7, 2018 for coverage beginning January 1, 2019. Certain people with Medicare can also change plans at other times (see question #10). Plans make changes to benefits and costs, and there are also new plans in many areas of the country. In 2019, the Part D coverage gap (“donut hole”) will effectively close for Part D beneficiaries. With these different changes, your current plan may or may not be the best plan for you in 2019.

**It is very important to use this time period to compare your plan choices and find the plan that best meets your prescription drug needs at the lowest cost. All plans will make changes in 2019.**

On the next page are answers to some important questions that can help you during the Annual Open Enrollment.

## 1 Will my Medicare Part D plan be the same in 2019 as it was in 2018?

No. All Medicare Part D plans will change in 2019. Use this Annual Open Enrollment Period to compare plans and find the plan that best meets your prescription drug needs at a cost you can afford.

## 2 In what ways could my plan change?

Your current plan may have changed:

- the monthly premium
- the annual deductible
- your share of the costs (co-payment or coinsurance)
- the list of the drugs it covers (formulary)
- use of policies that may restrict access to certain drugs, such as:
  - requiring your doctor to justify why you need a certain drug before the plan will pay for it (called prior authorization)
  - requiring your doctor to prescribe a different drug in the same class of drugs first (called step therapy)
  - only letting you buy a certain amount of a drug at a time (called quantity limits).

Your plan may also decide not to participate in 2019. If you are one of the few people whose plan is not participating in 2019, your plan sent you a letter in October explaining that you will need to select a new plan.

## 3 How do I know what changes my plan is making in 2019?

You should have received a letter from your current plan called an “Annual Notice of Change/Evidence of Coverage” by the start of the Annual Election Period. This letter explains some of the important changes to your plan, including changes to the name of the plan, to the premium, the drugs covered

(formulary), the cost of the drugs, and any restrictions used that limit the access to drugs. It is very important to read this letter as these changes can have a large impact on the cost of your drugs. If you did not receive the Annual Notice of Change/Evidence of Coverage letter, call your plan immediately.

**While very important, this letter probably does not have all the details you need** to determine if your current plan is the best plan for you in 2019. You also need to know how these changes apply to the drugs you use. You can find this information by looking on the plan’s website or in the Medicare Prescription Drug Plan Finder at [www.Medicare.gov](http://www.Medicare.gov) or by calling the plan or 1-800-MEDICARE; (1-800-633-4227/TTY: 1-877-486-2048).

You may have received a summary of the formulary with the Annual Notice of Change/Evidence of Coverage letter. If you did not receive a copy of the formulary, call the plan and they will send you a copy or tell you if your drugs are covered. The phone number for the plan’s customer service department is included in the letter you received. You may also get information about the formulary from the plan’s website, by using the Medicare Prescription Drug Plan Finder at [www.Medicare.gov](http://www.Medicare.gov), or by calling 1-800-MEDICARE (TTY: 1-877-486-2048).

## 4 Should I compare my plan with other plans available in my area?

**Yes, this is very important to do. Other plans may provide you with better or less costly coverage for the drugs you need.** Often the single most important factor in choosing a plan is comparing the drugs you take to the plan’s formulary. The lack of coverage for one drug for a chronic condition can be the most important factor in terms of what your drug costs will be. The best way to compare your current plan with other plans is to use the Medicare Plan Finder at [www.Medicare.gov](http://www.Medicare.gov).

The Plan Finder Tool will allow you to

complete either a personalized or general search for drug coverage and estimated costs for plans in your area in 2019. In addition, the Plan Finder tool will allow you to compare coverage and costs with other plans in your area. Estimates are based on drug prices on the date you compare plans; your actual out-of-pocket costs may vary.

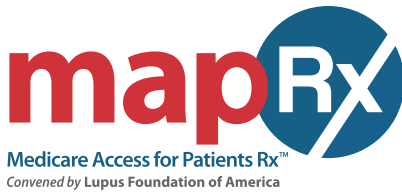
An important feature on the Plan Finder is an estimate of your total monthly costs over a 12-month period for each of the plans that you are considering. If you have entered the drugs you take, this information appears in a chart near the bottom of each plan’s Drug Costs & Coverage tab in a section titled Estimated Monthly Drug Costs.

## 5 What happens if a drug I take is not on a plan’s formulary?

You must pay the **full** cost for any drug not on the formulary. **The money you pay for these drugs does not count toward the total amount that you must spend to qualify for catastrophic coverage.** That is why it is important to make sure that your drugs, especially the most expensive ones, are on the formulary of the plan you select. You, your authorized representative or your doctor can ask for a “coverage determination” (exception) to get your plan to cover a drug when it is not on the plan’s formulary.

## 6 How has the Part D coverage gap changed?

For 2019, there are significant changes to the Part D coverage gap, called the “donut hole.” In previous years, it was a period during which you would have to pay a larger portion of costs for your drugs and continue to pay your monthly premium to keep your coverage. If you received Extra Help (Low-Income Subsidy) paying your drug costs, you did not face a coverage gap. However, due to recent federal legislation, the Part D coverage gap has been effectively closed for branded drugs for 2019 and beyond. Moving forward, you will have to



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pay 25% of the cost of branded drugs during this Part D phase.

For generic medications in 2019, you will pay 37% of the costs and your Part D plan will cover the remaining 63%. In 2020, the coverage gap for generic medications will effectively close moving forward.

## 7 What do I have to do if I decide that I want to stay in my current plan for 2019?

Nothing. You will stay enrolled in your current plan unless you sign up for a new plan.

## 8 If I decide to change plans, how and when should I do it?

You can enroll in a new plan by contacting the plan you want to enroll in or by calling 1-800-MEDICARE (TTY: 1-877-486-2048) or by visiting [www.Medicare.gov](http://www.Medicare.gov).

You can change your plan for 2019 by enrolling in a new plan between October 15 and December 7, 2018. **However, it is best to make the change as early as possible to ensure that you can get the prescriptions you need without delay on January 1, 2019.** There is no fee for changing to a new plan. After enrolling in the new plan for 2019, you will be automatically unenrolled from your 2018 plan. You should not notify your 2018 plan of the change.

## 9 If I'm in a Medicare Advantage Plan, but am not happy with the health coverage, can I drop my Medicare Advantage Plan and return to Original Medicare by itself and add a drug plan?

Yes, you can switch plans during the Part D Annual Open Enrollment Period from October 15 through December 7, 2018. You

can also switch plans during the Medicare Advantage Open Enrollment Period from January 1 through March 31, 2019. During this period, you can switch from your Medicare Advantage plan with or without drug coverage to Original Medicare (or another Medicare Advantage plan with or without drug coverage) but you must also join a separate stand-alone drug plan if you want prescription drug coverage. The booklet Medicare & You 2019 has important information about Medigap protections for people switching from Medicare Advantage plans to Original Medicare.

## 10 What if I change prescription drug plans, but find that I don't like my new plan?

In general, you can only switch to another standalone prescription drug plan from October 15 to December 7 each year. If you are enrolled in a Medicare Advantage plan, you may use the Open Enrollment Period from January 1 to March 31 to switch to another Medicare Advantage plan with drug coverage or switch to Original Medicare and enroll into a prescription drug plan. Additionally, there are a few special exceptions that allow you to change to a new plan during 2019, such as if you move out of the service area, lose your employer drug coverage, enter or leave a nursing facility, or if you qualify for Extra Help. That is why it is so important to review your options before enrolling. There is also a special enrollment period for plans that receive the highest possible quality rating from CMS.

## 11 What is the special enrollment period for "5-star" plans?

CMS rates plans for quality using a stars system. The best possible score is 5 stars. In October 2018, CMS will release a list of 5-star prescription drug plans and Medicare Advantage plans for 2019. The Medicare Plan

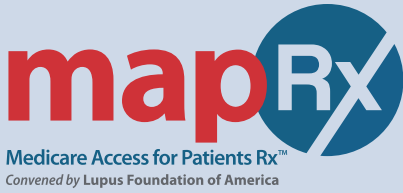
Finder includes the "Overall Plan Rating" in the listing for each plan. You can sort the plans in your area based on "Overall Plan Rating" to easily find those with a 5-star rating.

Under the special enrollment period for 5-star Medicare Advantage and stand-alone prescription drug plans, you can switch into a 5-star plan at any time during the plan year. This enrollment period will start on December 8, 2018, after the Open Enrollment Period ends. You can make this change only once during the plan year.

Very few plans receive the 5-star rating and there may not be a 5-star plan in your area. The 5-star plans in your area may not be the best options for you in terms of cost, network providers and coverage. You should compare the 5-star plans to your current plan to make sure that you have the same coverage and access to your doctors and other health providers before making the switch to a new plan.

## 12 If I previously qualified for Extra Help (Low-Income Subsidy), do I qualify in 2019?

The 2018 Federal Poverty Level (FPL) guidelines determine the income level requirements for people applying for Extra Help. If you are below 150% of FPL (\$18,210) and have resources below \$14,100 as an individual or if you are married and your household income is below 150% FPL (\$24,690) and have resources below \$28,150, you might qualify for Extra Help. If you applied and qualified for Extra Help at any time and are receiving Extra Help now, Social Security may have contacted you to review your eligibility status for 2019. In late August 2018, Social Security mailed letters to people who were selected for review and included a form to complete called "Social Security Administration Review of Your Eligibility for Extra Help" (Form SSA-1026). You had 30 days to complete and return this form. Any changes in the amount of Extra Help you will receive will be effective in January 2019.



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# STANDARD MEDICARE PRESCRIPTION DRUG BENEFIT

The amounts below do not include monthly premiums.

Beneficiary pays no more than 5%

### CATASTROPHIC COVERAGE:

Plan pays: 15%  
Medicare pays: 80%

\$7,654 in total drug costs (\$5,100 out-of-pocket) costs

Beneficiary payment amount varies

### \$5,100 COVERAGE GAP ("DONUT HOLE"):

Brands (70% discount)  
Plan pays: 5%  
Beneficiary pays: 25%  
  
Generics  
Plan pays: 63%  
Beneficiary pays: 37%

**While the coverage gap technically remains in place, you will pay the same percentage as the Initial Coverage Period.**

Beneficiary pays 25% or \$851

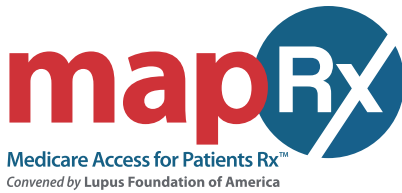
### INITIAL COVERAGE PERIOD: Plan pays: 75% or \$2,554

\$3,820 in total drug costs

Beneficiary pays 100% or \$415

### \$415 Deductible

BASED ON: Kaiser Family Foundation Analysis of the Bipartisan Budget Act of 2018. March 15, 2018.  
2018 Medicare Part D Final Call Letter.



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If you qualified for Extra Help in 2018, but were not selected for a review, you will not receive a form from Social Security and there should be no change in the amount of Extra Help you receive. If you are unsure of your Extra Help status, call 1-800-MEDICARE (TTY: 1-877-486-2048).

If you have been notified by Social Security that you are no longer eligible for Extra Help in 2019, you will still be enrolled in your plan. After January 1, 2019, you will have to pay monthly premiums and your share of the drug costs. However, during a one-time Special Open Enrollment period, you can change Part D plans between January 1 and March 31, 2019. This will be an important opportunity for you to change to a new plan if you find that your existing plan is not your best option.

### 13 If I automatically qualified for Extra Help in 2018, will I qualify in 2019?

If you automatically qualified for Extra Help in 2018, you will automatically qualify in 2019 if you:

- Receive both Medicare and Medicaid
- Have your Medicare Part B premiums paid by your state because you belong to a Medicare Savings Program
- Receive both Medicare and Supplemental Security Income (SSI)

Medicare beneficiaries who automatically qualified in 2018, but who will not automatically qualify in 2019, should have received a notice on grey paper from Medicare [CMS Publication No. 11198] in September 2018.

The notice explains why you no longer automatically qualify and will encourage

you to complete an enclosed Social Security application for Extra Help as soon as possible. The application for Extra Help should be returned to Social Security in the postage-paid envelope provided.

### 14 Have the rules for Extra Help changed?

Yes. Starting in 2010, Social Security no longer counted life insurance you have as a resource when deciding if you qualify for Extra Help. They also no longer count help you receive from others with your household expenses to decide if you get Extra Help.

You should know though that some states may still count life insurance and the help you receive from others to decide if you are eligible for your state's Medicare Savings Program (MSP). These programs can help pay for your Medicare Part B premiums and other Medicare costs. Call 1-800-772-1213 or visit [www.SocialSecurity.gov](http://www.SocialSecurity.gov) or [www.BenefitsCheckup.org](http://www.BenefitsCheckup.org).

If you apply for Extra Help, Social Security will send the information to your state's Medicaid agency to start the process for getting you into your state's MSP. If you do not want your information to go to the state, there is a box you can check on the application for Extra Help.

### 15 If I received Extra Help in 2018 and qualify again in 2019, will my drug costs change?

Maybe. Your co-payment levels will increase or decrease if you have a change in your income or assets, or if you enter or leave a nursing facility or other institution.

If you continue to automatically qualify for Extra Help and your co-payment levels are

changing in 2019, you should have received a letter on orange paper from Medicare [CMS Publication No. 11199] in October telling you your new co-payment amounts.

### 16 What if I did not join a Medicare Part D plan when I was first eligible, but I would like to join one now?

You can enroll in a plan during the Annual Open Enrollment. You may have to pay a premium penalty if you did not have coverage that is at least as good as Medicare's coverage ("creditable coverage") during the first/initial period that you were eligible to enroll. The penalty amount is calculated based on the number of months you were eligible but did not enroll. If you have to pay a premium penalty, most people will have to pay it for the rest of their life. The penalty will be added to your monthly Medicare private Part D plan premium.

If you qualify for Extra Help with your Medicare prescription drug coverage you can enroll anytime and pay no late enrollment penalty.

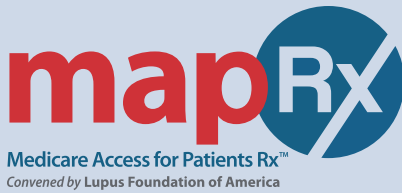
### 17 Can I get free help to make decisions about Medicare Part D plans?

Yes. Every state has a State Health Insurance Assistance Program (SHIP) that offers free one-on-one counseling and assistance to people with Medicare and their families. SHIP offices are located throughout each state. To find contact information for the SHIP office closest to your community visit [www.ShipTalk.org](http://www.ShipTalk.org) or call 1-800-MEDICARE (TTY: 1-877-486-2048).

## ENROLLMENT PERIOD OVERVIEW AND OPTIONS

	OCTOBER 15 - DECEMBER 7, 2018		JANUARY 1 - MARCH 31, 2019
	Part D*	Medicare Advantage*	Medicare Advantage*
If you have Medicare Part A <b>OR</b> Part B, <b>but not both</b>	Add prescription drug coverage	Not available	Not available
If you have Medicare Part A <b>AND</b> Part B (i.e., Original Medicare) and prescription drug coverage	Maintain Original Medicare and maintain or change your prescription drug plan	Join a Medicare Advantage plan with or without prescription drug coverage	Not available
If you have Original Medicare and no prescription drug coverage	Maintain Original Medicare and add prescription drug coverage	Join a Medicare Advantage plan with or without prescription drug coverage	Not available
If you have a Medicare Advantage plan with or without Medicare prescription drug coverage	Switch to Original Medicare, with the option of joining a prescription drug plan	Switch to another Medicare Advantage plan with or without prescription drug coverage	Switch to another Medicare Advantage plan (with or without drug coverage) or switch to Original Medicare (with or without prescription drug coverage)

*\*Important Note: It is not advised to drop prescription drug coverage unless you can get other prescription drug coverage that is at least as good as Medicare's coverage (creditable coverage).*



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# ENROLLMENT PERIOD OVERVIEW AND OPTIONS FOR PEOPLE WITH EXTRA HELP

	OCTOBER 15 - DECEMBER 7, 2018	JANUARY 1 - MARCH 31, 2019
People who no longer qualify for Extra Help in 2018	Add, switch or drop a prescription drug plan or a Medicare Advantage plan or return to Original Medicare.	Add, switch or drop a prescription drug plan or join a Medicare Advantage plan during this special enrollment period for this group or return to Original Medicare.
People who qualify for Extra Help in 2019	Switch to another Medicare drug plan or a Medicare Advantage plan at any time as long as they continue to get Extra Help. Coverage will begin the first day of the month after you ask to join a plan.	

**\*Important Note:** It is not advised to drop prescription drug coverage unless you can get other prescription drug coverage that is at least as good as Medicare's coverage (creditable coverage).

## QUESTIONS YOU MAY HAVE AFTER ENROLLMENT

### **1** I enrolled in a Part D plan, but I haven't heard anything. Is this normal?

No. You should have received a welcome letter and a prescription card from the plan. Contact the plan right away to confirm that you are enrolled.

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### **2** I enrolled in a drug plan in December and got a letter welcoming me into the plan, but nothing else. I have nothing to show the pharmacist. How can I get prescriptions filled without a card?

Contact your plan immediately. If you need to get your prescription filled before your card arrives, bring the letter you received from the plan that confirms you have enrolled with you to the pharmacy. If you don't have a letter, ask your pharmacist to call 1-800-MEDICARE (TTY: 1-877-486-2048). The customer service representative should be able to tell the pharmacist in which plan you are enrolled. If you continue to have problems, you should contact your local SHIP office. You can locate your local SHIP office by visiting [www.ShipTalk.org](http://www.ShipTalk.org) or by calling 1-800-MEDICARE (TTY: 1-877-486-2048).

### **3** Will my plan cover a drug that I need to take even if it is not on their formulary?

The plan must decide within 72 hours (or 24 hours for an expedited review) if they will cover the drug. If they decide not to cover the drug, they must send you a written notice. You also have a right to appeal their decision.

**Note:** If your drug is not on the formulary, but you are able to get it covered by the plan under the plan's exceptions process, the money you spend on the drug is counted toward qualifying for catastrophic coverage.

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### **4** I am having problems with my old Part D plan. I have enrolled in a new Part D plan, but my old plan still deducts a premium. What should I do?

Report billing errors to 1-800-MEDICARE (TTY: 1-877-486-2048) as well as to the plan. Since your plan has not stopped billing you after you notified it of the error, you may wish to file a complaint (grievance). Ask the plan's customer service representative to send you a complaint form or tell you how to find one on the plan's website. You can also file a complaint (grievance) with Medicare by calling 1-800-MEDICARE.





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# 2019

MAPRx brings together beneficiary, family caregiver and health professional organizations committed to improving access to prescription medications and safeguarding the well-being of beneficiaries with chronic diseases and disabilities under Medicare Prescription Drug Coverage (Part D). This resource is co-sponsored by:



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[kidney.org](http://kidney.org)



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[rarediseases.org](http://rarediseases.org)



[npaf.org](http://npaf.org)



[psoriasis.org](http://psoriasis.org)



[michaeljfox.org](http://michaeljfox.org)



[retiresafe.org](http://retiresafe.org)



[womenshealthresearch.org](http://womenshealthresearch.org)



[unitedspinal.org](http://unitedspinal.org)