

Men's Health Month

Celebrated Every June



PRESS RELEASE

June 1, 2015

Communities across the country join in celebration of Men's Health Month

(WASHINGTON, June 1, 2015) – June is [Men's Health Month](#) and communities across the country and around the globe are joining Men's Health Network in celebrating this special awareness period.

The goal of Men's Health Month is to encourage men and boys to take care of their health and to heighten the public's awareness of the many preventable health problems that affect them and their families.

"These efforts reach men where they live, work, play, and pray," said Ana Fadich, Vice President of Men's Health Network, which organizes Men's Health Month events nationwide. **"They're a great way for healthcare providers, policy makers, the media, and individuals to educate men, their families, and the public on a wide range of men's health issues, including cancers, hypogonadism, cardiovascular problems, sexual and mental health concerns."**

During Men's Health Month, health care professionals, private corporations, faith-based and fraternal organizations, government agencies, and other interested organization plan activities and events which focus on the health and well-being of men and boys.

"As a urologist, prostate specialist and Men's Health Network advocate, I feel this is a critical time to encourage men and their families to focus on Men's Health," said Judd W. Moul, MD, Professor and Director, Duke Prostate Cancer, Durham, NC, and Advisor to Men's Health Network. **"Many men do not like to go to the doctor and do not like to think about their own health. This is one time a year when we can get the word out that men need to take time for themselves, to think about their health, and take action to improve their health!"**

"Men's Health is more than just physical health," stated Sankineni J. Rao, MD, George Washington - Medical Faculty Associates, and Advisor to Men's Health Network. **"In addition to regular check-ups, it also involves mental and spiritual awareness, and addressing socioeconomic barriers. Men's health can improve with the help of the women in our lives, increasing physical activity at home and at work, and teaching young boys the value of healthy eating and healthy living."**

Proclamations from governors and mayors, and resources in both English and Spanish are available at www.menshealthmonth.org . Men's Health Month sponsors include Pfizer and Endo Pharmaceuticals.

About Men's Health Network

[Men's Health Network](#) at www.menshealthnetwork.org and follow them on Twitter @MensHlthNetwork and [facebook.com/menshealthnetwork](https://www.facebook.com/menshealthnetwork)

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